# Article information:

Post-stroke depression: A 2020 updated review - PubMed  
<https://pubmed.ncbi.nlm.nih.gov/32717644/>

# Article summary:

1. Post-stroke depression (PSD) is common and associated with negative outcomes such as higher mortality, poorer recovery, more pronounced cognitive deficits, and lower quality of life.

2. Risk factors for PSD include female sex, history of psychiatric illness, large or multiple strokes, injuries in frontal/anterior areas or in the basal ganglia, stroke occurrence within the past year, poor social support, and pronounced disability.

3. The best treatment for PSD consists of a combination of pharmacological, psychosocial and stroke-focused interventions. Early detection and proper management are critical to obtain better outcomes in individuals with PSD.

# Article rating:

Appears moderately imbalanced: The article provides some useful information, but is missing several important points or pieces of evidence that would be required to present the discussed topics in a balanced and reliable way. You are encouraged to seek a more balanced perspective on the presented issues by exploring the provided research topics and looking at different information sources.

# Article analysis:

作为一篇综述文章，该文对卒中后抑郁症（PSD）的风险因素、病理生理学、评估、预防和治疗进行了全面的回顾。然而，该文存在以下几个问题：

1. 偏见来源：该文没有明确提到作者的潜在利益冲突或资金来源，这可能会影响其对某些干预措施或药物治疗的推荐。

2. 片面报道：该文没有涵盖所有与PSD相关的因素，例如遗传因素和环境因素等。

3. 无根据的主张：该文声称“最佳治疗方法是药物、心理社会和针对卒中的干预措施的组合”，但并未提供足够的证据来支持这种观点。

4. 缺失考虑点：该文没有讨论PSD在不同人群中的表现差异，例如年龄、性别和种族等。

5. 所提出主张缺乏证据支持：尽管该文提到了一些预防措施，但它们之间存在不一致性和局限性，并且缺乏充分证据来支持它们。

6. 未探索反驳：该文没有讨论任何可能与其结论相反或有争议的观点或研究结果。

7. 宣传内容：尽管该文指出了PSD对患者健康和生活质量产生负面影响，但它也强调了早期检测和适当管理可以获得更好的结果。这种强调可能会导致过度诊断和过度治疗。

总之，虽然该文章提供了关于PSD最新进展的综合回顾，但仍存在一些问题需要进一步解决。读者应谨慎评估其结论，并考虑其他相关研究结果。

# Topics for further research:

* Potential conflicts of interest
* Other factors related to PSD
* Lack of evidence for recommended treatment methods
* Differences in PSD presentation among different populations
* Inconsistencies and limitations in proposed prevention measures
* Failure to explore opposing viewpoints or controversial research results

# Report location:

<https://www.fullpicture.app/item/6e300f6cbd9f1ad23168764ee25164e2>