# Article information:

The paradigm shift from NAFLD to MAFLD: A global primary care viewpoint - Farahat - 2022 - Liver International - Wiley Online Library  
<https://onlinelibrary.wiley.com/doi/10.1111/liv.15188>

# Article summary:

1. MAFLD is a global burden on healthcare expenditures, with prevalence rising even among non-obese individuals.

2. Primary care practitioners (PCPs) play a crucial role in the diagnosis, follow-up, and detection of complications of MAFLD, as well as the management of extra-hepatic associations and screening for hepatocellular carcinoma.

3. The transformational change from NAFLD to MAFLD can help overcome systemic barriers in the diagnosis and screening of fatty liver disease in primary care.

# Article rating:

Appears moderately imbalanced: The article provides some useful information, but is missing several important points or pieces of evidence that would be required to present the discussed topics in a balanced and reliable way. You are encouraged to seek a more balanced perspective on the presented issues by exploring the provided research topics and looking at different information sources.

# Article analysis:

该文章提出了从非酒精性脂肪肝病（NAFLD）到代谢功能障碍相关脂肪肝病（MAFLD）的范式转变，并探讨了主要保健视角下的全球影响。然而，该文章存在一些潜在的偏见和问题。

首先，该文章没有充分考虑到MAFLD新定义引起争议的问题。尽管该定义得到了一些专家和机构的支持，但也有人认为需要重新定义NAFLD。因此，作者应该更加客观地呈现这个问题，并探讨不同观点之间的差异。

其次，该文章没有提供足够的证据来支持其主张。例如，在讨论治疗方案时，作者只是简单地指出目前缺乏批准的药物，并强调生活方式改变和健康饮食仍然是临床管理这些患者的基石。然而，他们没有提供任何具体证据来支持这种方法是否真正有效。

此外，该文章还存在一些片面报道和缺失考虑点。例如，在讨论PCP在诊断、筛查和管理MAFLD中所扮演的角色时，作者只强调了他们在意识提高、诊断、随访和并发症检测方面的作用，并未涉及其他可能与MAFLD相关的因素或挑战。

最后，该文章似乎忽略了可能存在的风险和平等地呈现双方。例如，在讨论从NAFLD到MAFLD转变对于PCP所带来的好处时，作者没有探讨可能存在的负面影响或其他潜在风险，并未平等地呈现不同观点之间可能存在的差异。

综上所述，虽然该文章提出了一些有价值的观点和建议，但它也存在一些潜在偏见和问题需要进一步探究和解决。

# Topics for further research:

* Controversy surrounding the new definition of MAFLD
* Lack of evidence to support treatment recommendations
* One-sided reporting and missing considerations
* Role of PCPs in MAFLD management
* Potential risks and negative effects of the paradigm shift
* Need for further exploration and resolution of biases and issues

# Report location:

<https://www.fullpicture.app/item/6d15e35f26f167bead2e8df7410fd546>